

# Ravishing to the Core

From here to Eternity

*"Modelling is not just about beauty and looks, it's more about passion, personality and confidence", says this stunning model-actress Aishwarya. With an exclusive interview with ZOOM, Aishwarya talks about her journey into modeling, reveals her fitness secrets and more. Do check out to know more...*



Height : 5.8  
Complexion : fair  
Vital Stats : 34-28-36  
Eye Colour : Honey Brown





### ***Tell me something about your early life?***

So, I was born and brought up in Mysore. I did my engineering in Information science, my modeling journey started when i was in fourth year where it happened to work with few ad agencies.

### ***How did your journey into modeling began?***

Actually there was this beauty pageant contest named, 'Miss Mysore'. I somehow got into it and luckily i also won it. And because of this pageant i did an ad shoot for nandini calendar. It all began from here and by the way, me getting into the contest was by chance (laughs).

### ***How safe is field for girls? People often talk about it being not safe? your opinion on this?***

It does not really work that way, it all depends on how you portray yourself. Being cautious should be your duty. Frankly speaking i have not experienced any sort of abuse touchwood. But have heard of such instances.

### ***It's been two years since you are part of this industry, what would your advice be for a fresher?***

I think, you can somehow sneak into the industry, but sustaining here is very important. And it is only possible through a strong passion. You will have to keep contributing here, just wishing will not help working towards it is a must.

### ***Any plans of getting into films?***

Yes i am currently working in a kannada film 'cafeton', directed by Vijay Gowda. And the camera person is william david, the one who's worked in Rangitaranga. Though i have worked in advertisements and videos I've never really acted. It's going to be great, if things go in right path, i would definitely want to pursue in this industry.

### ***A small brief on your projects***

Well i have done many catalogue shoots, have done an ad for nandini along with Puneeth Rajkumar, i was ambassador for TVC, Manapurram, Nisargalaya and many such. Have acted in short films aswell.

### ***As model you should be having a favourite designer?***

Yes, personally i like Prasad Bidapa. Not just because of his designer, but the way he grooms a model and brings out the best out of the model is amazing. Hoping to work with him in future.

### ***Your preparations before getting into modelling?***

I would gym before and would also dance. Along with that i started running, which gave me very good results. Constant vigilance on your body is important.

### ***One fitness advice as a model?***

You can definitely eat what you want but make sure that you work out. I mean if you eat 600 calories you have to burn 1200 calories no bargain there.

### ***Style statement?***

It is not always about the costume. Even if you wear a saree, wear it like you own it. Being confident is very important. Confidence can easily overshadow any costume or makeup.

